



| Go! Healthy Program

Seeking Cooking and Nutrition Education Instructors (Part time; 5-20 hrs/week)

The Children's Aid Society's Go!Chefs program is seeking dynamic instructors to lead after-school cooking and nutrition education programs for elementary, middle and high school students in the South Bronx and Harlem. Hours range from 5-20 hours per week.

Go!Chefs is our hands-on cooking, nutrition education and gardening curricula for young people. Since 2005, Go!Chefs has introduced youth to the pleasures of growing, preparing and enjoying "real food" that is both nutritious and delicious - an essential step toward health and well-being. Our core goals are for children to embrace fresh fruit and vegetables, increase their food literacy, and build skills and self-sufficiency in the kitchen. The program culminates in an *Iron Go!Chefs Competition* where teams of young Chefs design their own delicious, balanced meals and cook them live for a panel of professional Chef judges. Go!Chefs serves 1500 children each year across 15 sites, and to date we have built children's gardens in seven of these so children get the full "seed to table" experience.

Candidate must be an **experienced, dynamic teacher and creative cook**. S/he must be:

- Able to effectively implement our Go!Chefs curriculum, which includes nutrition education discussion and activities, hands-on cooking and journaling/reflection.
- Well versed in contemporary food and nutrition issues
- Highly organized and able to work independently
- Energetic and self-motivated
- Good communicator

Cooking and teaching experience are a must. Bilingual (English-Spanish) candidates encouraged.

Please email or fax resume and cover letter to:

Kaitlin Dougherty

Program Manager, Go! Healthy, The Children's Aid Society

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Interviewing immediately!